



#ACachievers

Gain insight

Do you wonder why people behave the way they do? Are you curious about how to affect that behavior? The Assumption psychology program gives you the opportunity to explore these questions and more.

In the classroom and the research laboratory, you are introduced to the broad spectrum of psychology and its practical applications. In addition, Assumption provides you with a strong liberal arts foundation that allows you to apply your psychology degree to a range of rewarding careers or move on to graduate school.

DID YOU KNOW?

Assumption and the University of Massachusetts Medical School, located only four miles from the College, have formed a research partnership through which Assumption psychology students have the opportunity to work alongside top researchers on cutting-edge projects, in both paid and unpaid internships.

Mindful exploration

Assumption's psychology program will challenge you to explore the science of human thought and behavior. Through an exciting mixture of course work, internships, and research, you receive a solid grounding in the principles of psychology, while sharpening your analysis, communication and problem-solving skills.

In small classes and labs, you learn from outstanding faculty members with professional experience as clinicians and researchers. They specialize in a variety of areas, providing students with an array of study options. Avid

educators and mentors, our faculty members foster a culture of collaboration among fellow professors and students alike.

Here, you have the opportunity to perform cutting-edge research alongside professors in our state-of-the-art facilities for mental health, developmental, and social, cognitive and affective research. You can also choose to gain hands-on experience doing internships at local institutions, like the prestigious University of Massachusetts Medical School — located just minutes from campus.

"In my four years at Assumption, I've bloomed and flourished both as a person and academically. My devotion and dedication to the field of marriage and family has been challenged and expanded. Assumption has pushed me to tenaciously pursue my goal and to never lose my passion for helping people."

Lauren Bretanha '17, Psychology, Post-Grad Plans: Pursuing M.A. in Marriage and Family Therapy at Fairfield University



Course of study

PSYCHOLOGY

Major or Minor. Assumption Psychology majors are known for their strong communication skills, understanding of human behavior, problem-solving skills, and ability to collect, organize, analyze, and interpret data and information. You will take foundation courses that address general concepts and theoretical perspectives and electives that allow you to delve more deeply into a specific area of interest:

Child Development
Social Psychology
Abnormal Psychology
Interpersonal Communication
Motivation and Emotion
Cognitive and Brain Science

MASTER OF ARTS IN CLINICAL COUNSELING PSYCHOLOGY

Assumption College's Master of Arts in Clinical Counseling Psychology is a nationally renowned program that specializes in cognitive behavior therapy (CBT). The program integrates CBT throughout the curriculum to help students build a broad knowledge base and specific expertise. The faculty are highly skilled psychologists who are committed to fostering students' development as mental health professionals. The program prepares graduates to meet the educational requirements for licensure as a mental health counselor in Massachusetts and most other states.

DID YOU KNOW?

The Aaron T. Beck Institute for Cognitive Studies at Assumption sponsors lectures, workshops, and continuing education programs on cognitive behavior therapy that are open to students, mental health professionals, and the community. Located on campus, the Institute is one of only two nationwide affiliated with Dr. Beck, widely regarded as the father of cognitive behavior therapy.

DID YOU KNOW?

Our nervous system shapes our every thought, emotion and sensation. Yet so much about this fundamental system is unknown. Assumption's neuroscience program takes an interdisciplinary approach by applying the tools of both biology and psychology to unravel these mysteries and gain understanding of the underlying neural basis of how we perceive, and react to the world around us.

81%

2017 graduates who completed at least one internship, research or service learning experience

SAMPLE INTERNSHIP SITES

Elder Services of Worcester
Massachusetts Department of Social Services
University of Massachusetts Medical School
Worcester Juvenile Court
Worcester Public Schools

For a list of recent internship sites, visit www.assumption.edu/psychology

WHAT'S NEXT?

Many of our graduates go on to complete their master's degree or doctorate in psychology, sociology, rehabilitative services, and law at leading institutions.

Psychology majors enter directly into careers in such fields as education, human resources, marketing, communications, and counseling. Here's a sampling of where Assumption alumni are sharing their insights:

SAMPLE RECENT EMPLOYERS

AMICA Insurance
Fidelity Investments
Justice Resource Institute
May Institute
New England Center for Children
Peace Corps
Saint Francis Care and Behavioral Health

Learn by doing

In order to gain valuable career experience and increase the competitiveness of your applications to graduate programs, psychology majors are strongly encouraged to participate in an internship.

As part of your internship, you also complete a reflective journal, readings in the field, and a comprehensive research paper. Your Assumption professors will serve as both sponsors and mentors during the entire experience. Through your internship, not only will you acquire the knowledge, confidence, and professionalism that will give you a leg up in today's competitive job market, but you'll also make important contacts that may lead to employment.

You will develop presentation skills at the Semi-Annual Psychology Department Poster Session where majors present their capstone research projects.

DID YOU KNOW?

Assumption undergraduates perform research projects with faculty in advanced psychology laboratory facilities. The scope of these projects differ according to academic interest, such as emotional reactivity, autism, or co-parenting. Students have published some of these projects in academic journals and/or presented at academic conferences.

SAMPLE RECENT GRADUATE SCHOOLS

Assumption College
Boston College
Columbia University
Fairfield University
Northeastern University
Penn State
Ponce Health Sciences University
Smith College
Tufts University
UCONN
William James College

For a list of the employers and graduate schools of recent program alumni, visit www.assumption.edu/psychology